

Commission Briefing on Self-Funding Employee Medical and Dental Benefits



Background

- Port's Medical and Dental insurance have historically been fully insured
- Premium sharing was introduced in 2009 as one cost containment measure
- Wellness Rewards Program provides an opportunity for employees to reduce their premium share



Survey of Other Entities

- Port staff visited the Cities of Kent, Bellevue, Everett
 - Selected as they are comparable in size
 - Discussed their self-funded program
 - Learned how they incorporate wellness into their program
 - Discussed their approach to maintaining solvency
 - Learned about state regulatory compliance



Benefits of a Self-Funded Model

- Direct cost savings versus fully insured program
 - Estimated savings of 6% 8% (~\$1 million)
 - Additional saving opportunity with a self-funded pharmacy program
- Premium tax savings provides significant cost savings
- Ability to audit claim payments against claim projections
- Potential future savings with Health Savings Accounts or Health Reimbursement Accounts
- Future potential opportunity for small business to be selected as a vendor in support of the self-funded plan



Risks of a Self-Funded Model

- Potential claims underfunding
 - Specific stop loss insurance mitigates this risk
 - Aggregate stop loss insurance mitigates this risk
- Failure to maintain solvency requirements
 - Impact is the loss of the ability to be self-funded
- Laws and regulations affecting self-funded employers could change



Challenges of a Self-Funded Model

- More contracts to procure and administer
 - Three contracts vs. the current one
- Additional demands on staff time, at least in 2010
 - Team approach mitigates this challenge



Estimated Annual Savings - Fixed Costs

| Item | Fully Insured (Current) | Self-funded (Proposed) | Savings (Annual) |
|---------------------------|----------------------------|---------------------------|---------------------|
| Medical Carrier Admin Fee | \$1,620,000 | \$970,000 | \$650,000 |
| Dental Carrier Admin Fee | \$220,000 | \$140,000 | \$80,000 |
| Stop Loss Coverage | \$980,000 | \$730,000 | \$250,000 |
| Pharmacy Rebate | \$0 | (\$114,000) | \$114,000 |
| Cash Flow | \$0 | (\$22,000) | \$22,000 |
| Actuarial Services | \$0 | \$15,000 | (\$15,000) |
| State Fees | \$0 | \$13,000 | (\$13,000) |
| Consultant/Broker Fees | \$150,000 | \$150,000 | None |
| TOTAL | \$2,970,000 | \$1,882,000 | \$1,088,000 |

Note: The Port would receive an estimated rebate of ~\$1 million in 2012 from Premera once final claims are closed.



Future Commission Action Required

| STEP | WHEN |
|--|-------------------|
| Request authorization to execute a contract, via competitive selection process, with a benefits consultant/broker | January 12, 2010 |
| Request authorization to execute 3 contracts, via competitive selection process with •Medical Claims Administrator •Dental Claims Administrator •Stop Loss Insurance Provider | Late Spring, 2010 |



Conclusion

- Self-funding team recommends adopting a self-funded model
- Benefits outweigh the risks and challenges
- Risks and challenges can be managed